



About Us~

The Flying Spoon Caterers handles a variety of events for clients. Our most popular are Weddings, Corporate Events and Holiday Parties. If you need catering, our Lubbock based team can handle it.

Cynthia Gayle is a certified Professional Caterer and Event Manager with 25 years experience catering a huge variety of events from a white glove service seven course meal for two, weddings of up to 500 guests and corporate customer appreciation events for 2000 guests.

You can have confidence in her experience and our professional staff so you can leave the worries to us. We want you to relax and enjoy yourself at your event. Take in the complements and make memories that will last forever!

Lunch Buffets

All Lunch Buffets Include One Entrée, Garden Salad & Dressing, 2 Sides, Dinner Roll, Butter, Iced Tea and Choice of 1 Dessert

One Entrée: \$12.00 Per Person

Two Entrees \$14.00 Per Person

Any Meal, Any Time, Any Place!

LUBBOCK'S FAVORITE CATERERS

CORPORATE MENU

Also,

Weddings ~ Receptions ~ Cocktail Parties

806-702-0423

Cynthia Gayle

www.flyingspooncaterers.com

cynthia.theflyingspoon@gmail.com

A Division of :



Hours

Monday thru Friday

9:00 am to 5:00 pm

Saturday & Sunday

By Appointment



806-702-0423



ENTREES

- Hawaiian Chicken
- Chicken Fried Steak
- Fried Chicken Strips
- Fried Catfish
- Grilled Chicken Breast
- Sliced Turkey Breast
- Pot Roast
- Meat Loaf
- Salisbury Steaks
- Sliced Brisket
- Pork Loin
- Ham Steak
- Lasagna
- Vegetarian Lasagna
- Vegetable Alfredo

SIDES

- Mashed Potatoes
- Baked Potato
- Roasted Red Potatoes
- Green Beans
- Buttered Corn
- Corn Cobbett
- Mexican Fried Corn
- Southern Corn Pudding
- Honey Glazed Baby Carrots
- Baked Beans
- Coleslaw
- Vegetable Medley

DESSERTS

- Peach Cobbler, Cherry Cobbler, Apple Brown Betty, Homemade Cookies
- Texas Brownies, Yellow Cake w/Fudge Frosting

All entrees come with a gravy, sauce or dip.

Breakfast Options

Buffet or Boxed Breakfasts or Chef Stations

The Good Morning \$8.00

Assorted Breakfast Biscuit Sandwiches: each

Egg & Cheese, Egg, Cheese and Bacon, Egg Cheese & Sausage

Assorted Mini Muffins

Fresh Cut Fruit Mix

Orange Juice, Bottled Water, Fresh Ground Coffee

The New Day \$8.50

Scrambled Eggs each

Sausage links or Bacon Strips

Home Fried Potatoes

Toasted Buttermilk Biscuits & Butter

Assorted Pastry & Sweet Breads

Orange Juice, Bottled Water, Fresh Ground Coffee

The Great Start \$12.50

Scrambled Eggs each

Toasted Buttermilk Biscuits & Country Gravy

Bacon Strips and Sausage Links

Grits & Oatmeal w/Brown Sugar, Milk & Butter

Sliced Fruit Display

Orange Juice, Bottled Water, Fresh Ground Coffee

The Mega Breakfast \$15.00

25 people min. each

One Chef Station of Your Choice

Fresh Fruit Display W/ Dip of Your Choice

Assorted Minis: Mini Cinnamon Rolls, Mini Muffins, Mini Cheese Biscuits, Mini Bacon Biscuits

Orange Juice, Bottled Water, Fresh Ground Coffee

Chef Stations

Add Flair and Entertainment to your Event by Watching our Chef in Action! For Breakfast or Lunch!

Chef and Carving Stations Require an Onsite Chef at an additional \$50.00 per Chef, 2 hour Minimum.

Omelet Station

An Omelet Buffet of Cheddar Jack Cheese, Diced Ham, Sausage, Bacon & Chicken Breast, Bell Peppers, Tomatoes, Onions, Mushrooms, Spinach & Black Olives. Cooked to order in an 2 egg Omelet and topped with Shredded Cheese

\$11.00
per
person

Crepe Station

Sweet or Savory Selections

Sweet Selection Includes Fresh Strawberries, Blueberries, Cinnamon Spice Apple Pie Fillings, Whipped Topping, Cinnamon Sugar.

Savory Selection Includes Diced Ham, Sausage, Bacon, Sautéed Bell Peppers, Onions, Shredded Cheese, Mushrooms & Spinach drizzled w/ Hollandaise Sauce, or Country Gravy.

\$8.25
per
person

Pancake Station

Our Original Fluffy Buttermilk Pancakes, Warm Maple Syrup, and Whipped Butter. Sugar Free Syrup Available. Choose Sweet Potato Pancakes for \$8.00 per person.

\$6.00
per
person

Waffle Station

Crispy Belgian Malted Waffle, Warm Maple Syrup, and Whipped Butter. Sugar Free Syrup Available. Add Blueberries, Strawberries, Cinnamon Spiced Apple Pie Filling for only \$1.25 per person extra.

\$6.75
per
person

DELI PLATTERS

Make Your Own

Ham, Roast Beef, Turkey, Swiss, American Cheese & Pepper Jack. Kaiser Rolls and Condiments on the side.

For 25
\$54.99

Mini Sandwich Platter

Mini Croissants, Dinner Rolls, Cut White and Wheat or Wraps. Filled with Chicken Salad, Tuna Salad, and assorted sliced Meats and Cheese. Condiments on the side.

Cookie Tray, Assorted, Homemade

Chocolate Chip, Sugar, Peanut Butter, Oatmeal Raisin, M&M Cookies

For 25
\$50.00

Lunch Options

Boxed Lunches, Deli Platters, Buffets, Stations, Bars & Served

Luncheons
BOXED LUNCHES \$7.50
Includes 2 Deli Sandwich Choices, a Side, each
a Gourmet Cookie & Beverage.

Includes 3 Deli Sandwich Choices, 2 Sides, \$8.50
a Gourmet Cookie & Beverage each

SANDWICH BREAD CHOICES.

White, Wheat, Sourdough,
Tortilla Wrap

The All American. Sliced Baked Ham and American Cheese, Lettuce and Tomato on the Side.

The Roast Beast. Shaved Roast Beef topped with Provolone with a creamy Horseradish spread. Lettuce and Tomato on the side.

The Dilly Tuna. Sandwich piled high Dill Albacore Tuna Salad

The Best Chicken Salad. Diced Chicken Breast w/diced apple, raisins & walnuts in a creamy base.

The Multi. Layers of Turkey, American Swiss, shaved Ham, shaved Roast Beef, w/ Lettuce and Tomatoes on the side.

Caesar's Turkey. Smoked Turkey Breast, Provolone Cheese and Caesar Aioli, Lettuce and Tomato on the side.

SANDWICH SIDE CHOICES. All boxes include the same sides.

Fresh Fruit Cup, Carrot N Celery Stix w/ Dip, Assorted Chips, Dill Red Potato Salad, Italian Pasta Salad, Green Salad w/Ranch, Carrot Raisin Salad.